

Dear Friends, Partners, and Followers of the Cure Mito Foundation,

Thank you for reading our September 2023 Newsletter! September is a month of Mitochondrial Disease Awareness Week and we are so grateful to share that we really felt the love and support of our community this month!

From the incredible energy we felt at the 2nd Leigh Syndrome Symposium to the beautiful mitochondria pictures we received from kids for the Color for Mito contest, the generosity of our sponsors and donors, receipt of the Great Nonprofits 2023 award, the support from many at the various conferences we participated in this month-the list can go on!

Please find detailed updates below! We have lots of work to do, so as you're reading our updates, if you feel compelled to learn more, collaborate, partner, volunteer - please get in touch with us!

As always, we hope this newsletter will leave you feeling a little bit more hopeful and a little more inspired.

The Cure Mito team

"Courage Starts With Showing Up & Letting Ourselves Be Seen." -Brene Brown



Our 2nd Leigh Syndrome symposium was a success! Thank you to ALL speakers, participants, and all who supported us in many different ways to make this happen. The image shown above was a part of the incredible keynote by Dr. Steven Gray and perfectly summarized our feelings after the conference.

240 participants have attended, and the live language translation that we have provided was used to translate the symposium to 13 different languages.

Recordings of most of the talks will be available and shared soon - stay tuned!

Here are some of the testimonials we have already received:

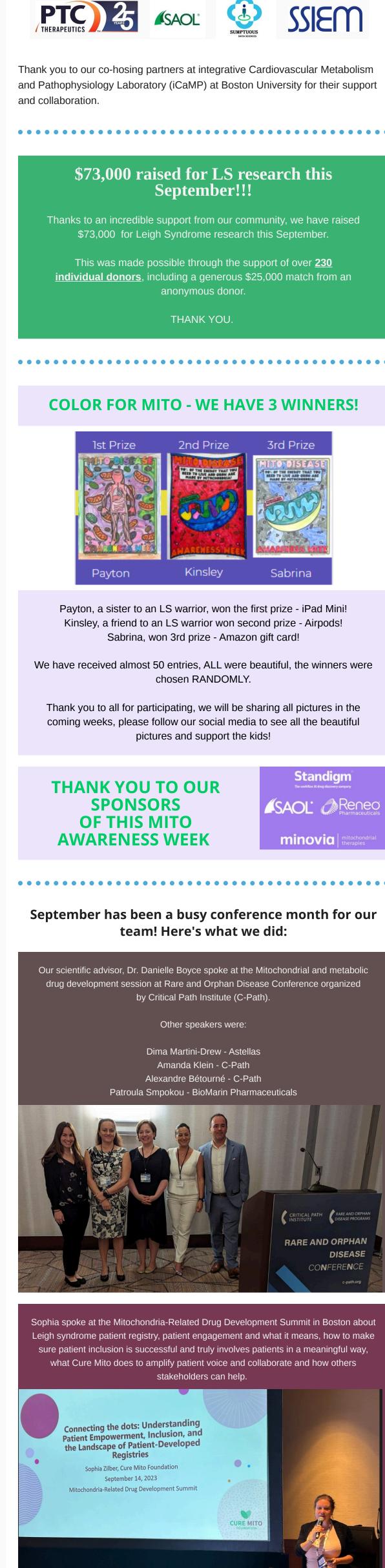
| "I loved to see everyone coming together towards a common goal of helping our kids." | |
|--|--|
| "This was incredibly well organized and executed. 10/10 worth my time. I'm so glad resources like this exist for our family!" | |

"Accessible to academics and parents."

"This was fantastic! I had no idea how much was going on for the Leigh's community. Very eye opening. I had gotten discouraged several years ago and just focused on caring for our daughter. This has reenergized me to do more and try to stay current on research and drug opportunities. Thank you for all the work that went into this symposium and to all the presenters!"

HUGE THANK YOU TO OUR CONFERENCE SPONSORS





Kasey participated in a panel at the Global Genes conference discussing actionable strategies for Community and Capacity building - the panel was moderated by Wendy Erler (VP, Global Head Patient Experience, Patient Advocacy & Patient and Caregiver





THANK YOU for your reviews that helped us be recognized as a Top-**Rated Nonprofit for 2023** on GreatNonprofits!

Here are excerpts from some of the reviews:

"Not only are they helping children with Leigh's Syndrome and their families, they are also helping other patient advocacy groups and empowering them with knowledge to make wise choices. Their work is foundational and transformational."

"What they are doing for the Leigh Disease community is amazing, but what they are doing by blazing a trail for other rare disease groups to follow is even more amazing. Together we really are stronger and Cure Mito demonstrates that in spades!"

"They are excellent partners, willing to collaborate efficiently and ethically. "

"Working with CureMito has been such a wonderful experience. They are very professional, knowledgeable, and willing to help improve diagnosis and treatment for all individuals with mitochondrial disease. For them it is truly a personal mission to make everyone they touch benefit from the interaction."

"This space is a godsend for those in need of information and support. A+++ in my book."

Please read more and leave your own HERE.

Find us in the news!



"Doctors see kids with maybe a hundred different diagnoses," Anju said. "We just see our children."

oundation and the stories of se our families have been featured in an article in the Dallas Morning News.

Please find the article HERE.







We would like to congratulate Dr. Simon Johnson on receiving a £1 million awarded to further research into genetic mitochondrial diseases, in particular Leigh Syndrome. We are grateful to be partnering with Dr. Johnson and have his expertise and advice as part of our medical and scientific advisory board. Please read the full story <u>HERE</u>.

Congratulations to Dr. Simon Johnson!

September in the Time of Grief

Before and during Mitochondrial Disease Awareness week many of us are filled with renewed energy and hope. But it can also be complicated, especially for those in our community who are grieving. Grief can be heightened during all of the activities focused on hope, which are a reminder to some that nothing that's coming up will help their loved one. September

is also a back to school month, which for some means that their child will not be going to school and is a time when many grieve more intensely, including kids whose siblings are no longer here . Kim who lost her son Lucas to Leigh syndrome has written a beautiful blog post describing what September is like in her family, including her 5-year old daughter. We encourage you all to read it <u>HERE</u>.

If you would like to donate in the memory of Lucas, you can do so <u>HERE</u>.



Leigh Syndrome Families -Please Join the Patient Registry and Be Counted

Largest LS patient registry in the world Accessible and available data

Results are always reported back to the community

LEARN MORE

Leigh syndrome patient registry 2 year overview



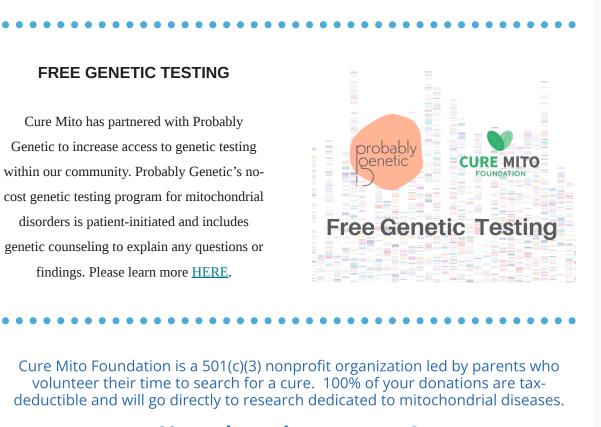


WANT TO LEARN MORE ABOUT LEIGH SYNDROME?

<u>AboutLeighSyndrome.com</u> is a first of its kind informational website about Leigh syndrome with resources and support for both families and healthcare professionals.



LEIGH SYNDROME CLINICAL NETWORK UPDATE If you see a medical provider of any specialty who sees patients with Leigh syndrome OR if you are yourself such medical provider, please complete the form by clicking <u>HERE</u>

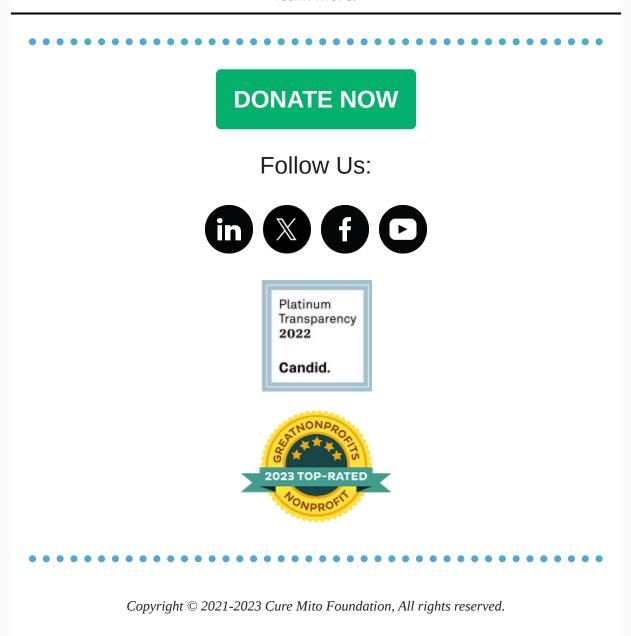


Your donation matters!

For many ways to give please visit: https://www.curemito.org/ways-to-give

Many volunteer opportunities are also available!

Skills and expertise currently needed: fundraising, marketing, writing (scientific writing, grant writing, blog writing). Please contact us at info@curemito.org to learn more.



Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.